

Space and Motion Discomfort II Scale

Directions:

Indicate the average intensity from three choices:

- 0 = none
- 1 = mild
- 2 = moderate
- 3 = severe

Visual Symptom	Average Intensity (0-3)
Looking up at tall buildings	
Closing eyes in shower	
Leaning far back in chair	
Aerobic exercise	
Rolling over in bed	
Dancing	
Discomfort increase during the day	
Riding on roller coasters	
Reading newspapers close to face	

